



2020-21 BASKETBALL SEASON - RETURN TO PLAY (R2P)

This document has been developed utilizing guidance from SOI, CDC and state of Kentucky Governor's Office. All content is subject to change.

PHASE 1 (Practices only)

November 10th - Special Olympics basketball practices may begin.

NOTE: All participants must have a signed and dated SOKY COVID-19 Disclaimer on file at the SOKY office to participate. Participants include athletes, coaches, volunteers, etc.

The interpretation of practices (while we are in Phase 1) entails individual drills, individual skills development and individual conditioning activities only. **You should not allow any level of "team" play while we are in Phase 1.**

***Travel Advisory:** On July 20, 2020, the Kentucky Department for Public Health issued a travel advisory with the recommendation of a **14-day self-quarantine** for travelers who travel to a "hot spot", which is any area that has a COVID positivity rate of 15% or higher. To find current list visit;
<https://coronavirus.jhu.edu/testing/testing-positivity>

SOKY Basketball Protocol – these are in addition to facility protocols

- **Arrival:** All participants and spectators should be shown/asked the COVID-19 Health Screening questions. If you do not have this document, it can be found on the SOKY website under the COVID-19 Resources. The questions can be sent out prior to each practice asking participants to review, or questions can be asked as participant is being picked-up or participants can be asked as they enter the facility.
 - Participants are asked to stay home from any basketball activity if they are feeling unwell or are immunocompromised and need to limit exposure.
 - All participants will be required to sanitize their hands prior to the start of practice.
 - Congregating of athletes, coaches, or other persons should be limited as 6 ft social distancing should be practiced and all participants **must** wear a mask.
- **Education prior to Activity:** Each basketball activity should begin with a reminder to all participants to wear a mask and practice social distancing. Coaches should also properly educate athletes on proper handwashing, coughing into arm, etc. You are encouraged to hang signage (if facility has none) to help remind participants about the mandatory mask rule, social distancing expectation, etc. You can find and download signs from the COVID-19 Resource page on the SOKY website.
- **Mask/Face Coverings:** A mask/face covering must be worn by all participants when entering the facility. Athletes **ONLY** may remove their mask while practicing, as coaches should continue to wear, especially when not socially distanced from athletes.
- **Best Practices:** All participants should adhere to the physical six-foot distancing guidelines (to the greatest extent practicable). No team water jugs, or shared food/drinks are permitted.
- **Equipment:** The only equipment that should be shared is the basketball. The ball should be sanitized as frequently as possible (every break in practice, timeouts, etc.).
- **Attendance Tracking:** Coaches should use an Attendance Tracking Form to keep an accurate attendance record for all practices. Coach should keep forms from all practices as this will allow for contact tracing should an occurrence of COVID-19 occurs to a participant. (SOKY Tracking Form can be found on SOKY website/COVID Resource page)

2020-21 BASKETBALL SEASON – R2P cont'd

- **Symptoms:** Any participant that experiences COVID-19 symptoms (shortness of breath, fever, cough, etc.) should be immediately removed from the basketball activity and instructed to seek medical attention immediately. At this time, the SOKY **COVID-19 Exposure Protocol** should be followed (form can be found on SOKY website/COVID Resource page) which includes contacting the SOKY State Office immediately.
- **Team Benches/Seating:** Team benches/seating may be used in practices but should allow for all participants to be at least six feet apart when sitting down. If athletes and coaches are closer than six feet while on the bench, they should be fully masked.
- **Jump Ball:** The jump ball to start a game will be removed from the entire 2020-21 season – do not use in practice. A coin toss will be used to determine first possession.
- **Team Huddles:** Teams should try to avoid team huddles for practices. If/when teams need to gather, keep everyone at least arms-length apart.
- **Celebratory Best Practices:** To encourage sportsmanship coaches should encourage alternative, socially distanced, signs of mutual respect (i.e. tip of the cap, wave, salute, or bow). There should be **no handshake lines** post-practice.
- **Virtual Meetings:** Team meetings can occur in-person, but we strongly encourage virtual meetings. If meetings are in-person, all protocols regarding social distancing and wearing masks should be practiced.
- **Spectators:** Any individual not essential for the conduct of any basketball practice is encouraged not to attend. The Phase 2 Basketball document will address parent/guardian/spectator attendance at games. If it is necessary for parent/guardian to attend practice, he/she must wear a mask the entire time in the facility and must maintain 6 ft social distancing from players/coaches.
- **Departing:** Following all basketball activities, participants will be required to sanitize hands prior to leaving the facility. Congregating of athletes, coaches, families, or other persons prior to or following any basketball activity is not allowed.
- **Transportation:** Bus or large Passenger Vans (church vans, 15-passenger vans, etc.) are not allowed. All participants are encouraged to either drive, ride independently or with those from the same household. **If ridesharing is necessary, then all passengers in the vehicle must wear a mask.**
- **Concessions/Food Services:** The facility will be responsible for running their food services in accordance with current orders and guidelines provided by the local/state authority. If individuals are planning to bring their own food/meal into the facility, it may not be shared with other participants. If a team meal is necessary outside of the facility, all guidelines and protocols should be followed regarding restaurants.
- **Restrooms/Locker Rooms:** All public restrooms, and locker rooms will be maintained to lower risk of spread of virus through frequent cleaning habits and monitoring of the number of individuals in the room at the same time.

SOKY will continue to monitor the status and impact of COVID in KY. A Phase 2 document will be released as we are able to progress to the next level of activity.