

# SOKY INTERNSHIP PROGRAM

## *Health and Wellness Internship*

**Special Olympics**  
Kentucky



**Overview:** This internship is intended to give an overall experience with Special Olympics Kentucky but will be primarily focused on helping staff bring Health and Wellness to the forefront of our program. Hours per week will be determined by student and/or class requirements. This is an unpaid internship with days of the week being flexible.

**Supervisors:** Will work under the direction of several SOKY staff members depending on the assignment for the day/week.

**Location:** SOKY State Office (Frankfort, KY) and event locations around the state

**Timeline:** Determined by student and school requirements

### **Duties/Responsibilities:**

- Assist with planning and coordination of SOKY state health screenings (i.e. – MedFest events: While at MedFest, athletes will receive a free sport physical and can also receive Special Smiles dental screenings, Opening Eyes vision screenings and Healthy Hearing screenings. The sports physical meets the requirements of the Special Olympics medical waiver and qualifies the participating students to compete in Special Olympics activities, though Special Olympics participation is not required to attend MedFest.)
- Plan and implement health educational tables at local events for athletes
- Support the expansion of fitness programming statewide
- Aid with planning and implementation of fitness screenings at local competition
- Create educational materials for coaches, parents/guardians, and/or athletes
- Contribute to health data collection project
- Assist with sports events as needed
- Perform administrative duties as needed
- Attendance at the events in which you support is required

### **Qualifications:**

- Experience with PC Microsoft Windows and the programs associated with Windows in particular but not limited to; Outlook, Word, Excel and Power Point.
- Strong oral and written communication skills
- Currently enrolled in college
- Must have a valid driver's license along with reliable transportation
- Must be able to commit to a regular schedule
- Represent Special Olympics Kentucky in a professional manner
- Must complete the on-line Special Olympics Kentucky Volunteer Orientation and the on-line Protective Behaviors Course.
- Health and Fitness background is preferred but not required.

### **Additional:**

- Expenses covered during travel related to events to include food and housing. There will be access to a company van to use for official business when asked to go from Frankfort to a destination and back.
- Office resources provided on site; designated work area, computer, telephone and access to copier, fax and full kitchen.

**INTERESTED INDIVIDUALS PLEASE CONTACT TEAM SPORTS AND COACH EDUCATION PROGRAM DIRECTOR,  
HUNTER BRISLIN AT 502-695-8222 OR [HBRISLIN@SOKY.ORG](mailto:HBRISLIN@SOKY.ORG)**