



Protocol for COVID-19 Exposure

What to do if contraction of COVID-19 happens or has potentially happened? It is very important to follow the steps below if you have a participant (athlete, coach, unified partner, additional personnel) that knows **or** thinks they have potentially contracted COVID-19.

- Immediately contact Hunter Brislin at the SOKY State Office at 502-695-8222 or hbrislin@soky.org to report the positive case or potential exposure (should be within 24 hours of gaining knowledge of the case) and follow the quarantine/isolate protocol set forth by the CDC below -

If You Test Positive for COVID-19 (Isolate): *Everyone, regardless of vaccination status*

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house. (Meaning no fever for at least 24 hours)
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home

UPDATE – NEW MEDICAL REQUIREMENT: Athletes that test positive for COVID-19, must complete a new athlete medical prior to resuming participation **OR** provide a note from their doctor clearing them to return to activity/play. An athlete who has an expired medical will not be granted an extension and will need to submit a full, new physical exam and healthy history prior to resuming Special Olympics activity.