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Spirit Gymnastics
Erlanger age 29

No summer games means not seeing Friends I only get to see at summer games. I miss competing seeing everyone else talking to the judges staying in the dorms with the other gymnast this year i had a new routine for rope i wanted to show everyone. And i miss the saturday night dance. Going to the gym without my teammates to push me to be better harder to push myself to stay active a have a routine for everyone I love Zoom. with all my coaches and other so coaches from different states sunday- yoga- stretch monday- ballet tuesday so georgia wednesday- so Ohio thursday- ballet-bar work- body waves Friday so. Kentucky sat- class taught by Indiana other countries everyday I work with my equipment to improve tosses and skills I do not get to stay in touch with my spirit team but see a lot of the girls i go to extra competition with. I also compete in the new virtual competitions not alot of fun but the what the judges tell me i think helps. I can not wait to be around my friends again.