

My name is Luke Rutterer and I'm from Northern Kentucky Area 7. I live in Fort Mitchell.

The thing I missed doing at summer games was being at the opening ceremonies and watching my friends in Area 7 come in. I also wish I could have lighted the cauldron and said the oath at the opening ceremony. The dance was also something I missed because I missed seeing all the athletes from around the state and my friends. The dance was always fun and I always looked forward to coming down for it.

What Special Olympics means to me is being with friends and getting to know new friends. Just competing in the sports that I love to play and playing for a gold medal is what I enjoy doing with my friends.

I am looking forward to when we are able to play sports again, play for the gold, seeing friends and spending the night in a hotel again.

I have been staying in touch with my friends almost every day by being on messenger and Facetime with them.

I have been trying my hardest everyday to wear a mask when I'm at work especially at Kremers, a small grocery store where I work. They encourage us to wear a mask. So I've been trying to do that all the time because wearing a mask makes it safer for customers and my coworkers. I don't really like it but I do it just to keep everybody else safer.

The sports I participate in are Golf, Bowling, Flag Football and Basketball. I hope when this pandemic is over I can get back to seeing all my friends and hanging out with them and playing sports again. To keep in shape and be ready I've been eating right like I learned and sometimes I take walks with my mom. Sometimes I work in the yard helping my dad and sometimes I do the elliptical at home. I would rather play sports to get my exercise.