



Coach QUICK CHECKLIST for Practice

In non-COVID times, you already put much time and effort into preparing for practices and now, you are being asked to do even more with COVID-19 requirements. To help, SOKY has developed this QUICKLIST – we recommend you keep this handy (maybe on your clipboard) and review prior to each practice.

_____ **COVID-19 Health Questions:** Have I sent the questions out to my athletes for this practice OR are we prepared to ask each athlete the health questions upon their arrival to practice?

_____ **COVID-19 Disclaimer Forms:** Do I have completed forms on all participants (athletes & coaches)? Have I sent copies to the SOKY Office?

_____ **Temperature Check** (optional but recommended): Do I have my handheld temporal thermometer device? Do I have a designated coach to take each participant (athlete & coach) temperature upon arrival to facility?

_____ **MASKS:** Have I reminded my athletes to make sure they wear a mask upon entry into the facility AND to keep it on until they begin active practice?

_____ **Sanitizer:** Do I have hand sanitizer available for practice? Each athlete should be directed to sanitize hands upon arrival AND as they leave the facility. Do I have spray or wipe sanitizer for sports equipment (anything shared)? Have I reminded coaches to sanitize any shared sports equipment regularly throughout practice?

_____ **Social Distancing:** Remind athletes upon arrival to practice maintaining social distancing during warm-ups and drills. Everyone should practice distancing prior to practices and post practice.

_____ **Wash Hands:** Remind athletes to wash hands regularly

NOTE: Purchase of any PPE, sanitizer, or temperature device, is an approved Local Program expense.