



COVID-19 Sport Risk Assessment

Low Risk: Sports can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.

Moderate Risk: Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports that use equipment that cannot be cleaned between participants.

High Risk: Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.

NOTE: Moderate and High-risk sports can still be active during Phase One with practices that focus on skills training.

SOKY Sports

Low Risk Sports: Bocce Singles, Equestrian, Golf, Swimming (individual events), Track Running Events, Alpine Skiing, Snowshoeing

Moderate Risk Sports: Artistic Gymnastics *, Bocce Doubles *, Bowling, Rhythmic Gymnastics *, Soccer, Softball *, Swimming Relays

Higher Risk Sports: Basketball, Competitive Cheerleading, Flag Football *

* These sports could potentially be considered lower risk with appropriate cleaning of equipment and use of masks by participants while competing

Team Sports such as basketball, flag football, etc. can become lower risk sports if practices and competitions focus on player fitness/conditioning and sports skills only (Phase 1). For example, while in Phase 1 for basketball, that sport moves to the moderate risk category (assuming all other COVID protocol is followed).